

### We are not robots.



WE WILL NEVER

BE 100%

PREDICTABLE

THANK

Goodness







## We have loved, badly and brilliantly.

And know that this is our true purpose here. We have worn our hearts on our sleeves and we have had our heart broken. We survived. We have "looked like a fool" for love, and been rewarded with the sweetness only true love can bring.



## We have misunderstood and we have BEEN misunderstood.

We have been mad and we have fought back. We have "thrown the first punch. We have felt all the feelings of the rainbow and refuse to apologize for it. We have said "I'm sorry" with our whole hearts and we have forgiven. We have even forgotten, because it allows **US** to move on.



#### We can be judged harshly.

And we get back up and hold our heads high. We know who is in our true tribe, and turn to them for strength. We honor the "mistakes", the imperfections, the heartbreak and the battle scars - in ourselves and each other - for without them, we could not possibly become that which we are.

WE ARE BEAUTIFUL NOT



## So Much More to Come.

Dear Beautiful One,

This is a sneak peek of just one of the many exciting products and experiences we are creating.

On May 30th we will be launching the



#### Which Includes:

- Beautifully Designed Full Ebook
- Personalized Journal Pages
- 10 "Wild Cards" Small Challenges to Spark Change
- 10 Inspirational Affirmation Cards
- Guided Meditation Audio Session



Upgrade to Receive Exclusive Bonus



Dear Beautiful One,

You are beautiful, not perfect.

And yet, we are perfect in our imperfections. Many years ago I was working with the philosophy that true enlightenment is when we accept all that comes our way – the circumstances, the situations, the challenges, the joys, the loves, the goodbyes ... all of it – as 'perfect' – then, and only then, are we close to that of which we seek.

Practicing this philosophy required me to redefine the word perfect, and once I did that ... a number of things happened.

One, a new state of mind ... clear, at peace, content, happy, calm ... which is perfect.

Perfect is not without flaws, or mistakes or scars beautiful one. These are the imperfections that make us beautiful. And that ... is perfect.



# ABOUT Christa Rayne



Creator of Dear Beautiful One, and Wild & Wise Women with 300,000+ subscribers, Master Certified Elite Coach, Serial Entrepreneur, Strategic Consultant to high-level brands, living a life I LOVE every day!

I love to laugh, believe in love, & value kindness above all.

Join Us.









Dear Beautiful One,

This eBook is a labor of love, a collection of insights and reflections from the heart. Before you dive in, let's chat about a few legalities.

You are more than welcome to share this ebook, in its' entirety, with someone in your world. Hopefully, along with a recommendation to come on over and subscribe to the community, because there'll be lots more where this came from.

What I do ask is that you respect the ownership of the content, and do not use it as your own in any way. We all know what that means, do not edit this ebook, and ensure that it stays intact in its' original form.

Now, let's talk about the juicy stuff – the content. While I've poured my heart and soul into these words, it's important to remember that they're based on personal experiences, anecdotes, and a sprinkle of wisdom from various sources (yes, including my deep dive into the wild wild web-since those darned Encyclopedia volumes seem to be outdated).

I've done my best to ensure accuracy, but hey, I'm human. Mistakes happen, and I can't promise this ebook is flawless. But hey, imperfection is what makes us beautiful, right? And kinda the point of this entire creation.

Oh, and one more thing – while I am a Certified Coach, I'm NOT a licensed psychologist or health care professional. My words are not a substitute for professional therapy or medical advice. They're more like a chat over coffee with a good friend – supportive, comforting, and filled with love.

So, dive in, soak up the wisdom, and remember – you are beautiful, and imperfectly perfect.

Christa x